

Countryfriends83

Ecole de Danse

EVERYBODY CAN RUMBA

Count: 32 Wall: 4 Level: Beginner

Choreographer: Ilona Tessmer-Willis (USA) Nov. 2015

Music: "Save the Last Dance for Me" by The Drifters (Google Play • AmazonMP3 • iTunes) [2:30 - BPM: 144]

Rumba is danced Quick, Quick, Slow or 1,2, 3, Hold 4.

The dance has this pattern throughout to familiarize beginners to dancing the rumba rhythm found in many line dances.

Those wishing a country tune for their beginners here some suggestions:

"Sangria" Blake Shelton

"I Got The Boy" Jana Kramer

"Lay Low" Josh Turner

"Going Out Like That" Reba McEntire

Intro: 8 cts

S1: RIGHT FORWARD RUMBA BOX

1-4 Step R to Side, Step L Next to R, Step R Forward, Hold

5-8 Step L to Side, Step R Next to L, Step L Back, Hold, (weight on left)

S2: STEP BACK R L R HOLD & L R L HOLD

1-4 Step Back R L R Hold

5-8 Step Back L R L Hold (weight on left)

S3: STEP R SIDE R L R HOLD, STEP L SIDE L R L HOLD

1-4 Step R to Right Side, L Next to R, Step R to Right Side, Hold (4) (weight on right)

5-8 Step L to Left Side, R Next to L, Step L to Left Side, Hold (8) (weight on left)

S4: STEP FORWARD R & L, TURN ¼ RIGHT STEP R HOLD, STEP FORWARD L R L HOLD

1-2 Walk Forward R L

3-4 Turn ¼ Right Walk R Hold

5-8 Walk Forward L R L Hold

Enjoy dancing the rumba with this or any song of your choosing.

Cathy MERIOT - Choréographe / Instructor

106 I chemin des Jardins

83920 LA MOTTE en PROVENCE

tél : 06.61.17.10.82 courriel : cathy.meriot83@sfr.fr

www.countryfriends83.fr